

# University of Pretoria Yearbook 2021

## Human movement studies and sport management 222 (JMB 222)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Education</a>
<b>Module credits</b>	10.00
<b>NQF Level</b>	06
<b>Programmes</b>	<a href="#">BEd Intermediate Phase Teaching</a> <a href="#">BEd Senior Phase and Further Education and Training Teaching</a>
<b>Prerequisites</b>	JMB 112 and JMB 122
<b>Contact time</b>	2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Humanities Education
<b>Period of presentation</b>	Semester 2

### Module content

Sport injuries and posture deviations - demarcation and terminology. General principles for prevention and treatment of sport injuries. Posture development and the influence of proper habits in the development of a good posture. Identification and pathology of specific deviations. A theoretical and practical perspective on control as the final phase of the management process in sport to ensure the success of the management process is emphasised.

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